

How to Respond When Your Credentials Are Compromised:

An Action Checklist

Step 1: Take Immediate Action

- ☐ Change all compromised passwords immediately, prioritizing critical accounts.
- ☐ Enable Multi-Factor Authentication (MFA) on all accounts where supported.
- ☐ Contact your Managed Service Provider (MSP) or a cybersecurity consultant immediately.
- ☐ Isolate any affected devices from the network if an infection is suspected.

Step 2: Assess the Full Scope of Compromise

- ☐ Review recent login activity for any unauthorized access attempts or suspicious patterns.
- ☐ Check for unauthorized modifications to account settings or personal data.
- ☐ Determine if sensitive information may have been accessed or exfiltrated.
- ☐ Perform a comprehensive scan of all devices for malware or suspicious software.

Step 3: Secure Accounts & Prevent Future Incidents

- ☐ Thoroughly clean all infected devices using trusted security software, or seek professional help if unsure.
- ☐ Continuously monitor all compromised accounts for any further suspicious activity.
- ☐ Update all operating systems and security software to the latest versions.
- ☐ Educate yourself and your team on current phishing and social engineering threats.
- ☐ Implement a password manager to generate and store strong, unique passwords.

Navigating Security Incidents: Your Action Plan

When facing a potential security compromise without an in-house security team, here's how to effectively manage the situation, whether independently or with external professional support:

01

1. Prepare a Detailed Report

Document the time, what you observed, and any suspicious emails or links clicked. This report will be crucial for self-assessment or when engaging external experts like a cybersecurity consultant or your managed service provider.

02

2. Document All Actions Taken

Keep a precise record of any steps you've already taken, such as changing passwords, enabling MFA, or isolating affected devices. This log will guide your own recovery process and inform any external assistance you seek.

03

3. Follow Expert Advice & Best Practices

If you've engaged an external expert (e.g., a cybersecurity consultant or your managed service provider), strictly follow their instructions. If handling it yourself, adhere to industry best practices and seek reputable resources for guidance. Always ask for clarification if anything is unclear.

04

4. Ensure Availability for Follow-up

If working with external professionals, remain accessible for their questions and updates. If managing internally, dedicate time to monitor the situation and address subsequent issues promptly.

Handling Security Incidents: Next Steps

If you suspect a security incident and don't have an internal security team, follow these guidelines to manage the situation and seek external assistance:

01

1. Document the Incident

Clearly record the time, what you observed, and any suspicious emails or links clicked. This detailed report will be crucial for your records or to share with an external consultant.

03

3. Seek Expert Guidance

If the incident seems serious or you're unsure how to proceed, contact your managed service provider or a cybersecurity consultant. Strictly follow their instructions and ask for clarification if anything is unclear.

02

2. Record All Actions Taken

Note any immediate actions you've taken, such as changing passwords or isolating devices. This log is vital for an external investigation or your own audit.

04

4. Stay Engaged and Informed

Remain accessible for follow-up questions from external experts and actively seek updates as the situation progresses. If handling yourself, regularly review the situation and perform necessary checks.

Incident Response: Securing Google Workspace & Microsoft 365

After addressing immediate individual account compromises, it's crucial to extend incident response to your organization's core platforms. As a business without a dedicated security team, you or your designated IT administrator must conduct thorough security checks to identify and mitigate broader threats. If these tasks feel overwhelming, consider reaching out to your managed service provider or a cybersecurity consultant for assistance.

Google Workspace Security Audit

- ☐ **Review Google Admin Console:** Regularly check for any suspicious administrative activity or unknown log-ins by you or your team.
- ☐ **User Access & Permissions:** Carefully review all user account access and permissions for any unauthorized changes or elevated privileges.
- ☐ **App & OAuth Grants:** Utilize Google's built-in security tools or consult with a cybersecurity expert to scan for and revoke unauthorized third-party application installations or OAuth grants.
- ☐ **Email Forwarding:** Verify all email forwarding rules and filters for malicious configurations that might redirect sensitive information.
- ☐ **Shared Drives & Files:** Audit shared drives and file permissions to ensure no unintended exposure of sensitive data has occurred.
- ☐ **Calendar Invites:** Check for suspicious calendar invites or shared calendars originating from unknown or untrusted sources.
- ☐ **Google Groups:** Review Google Groups membership changes for any unauthorized additions and remove them immediately.

Microsoft 365 Security Audit

- ☐ **Review Microsoft 365 Admin Center:** Regularly check the Admin Center for any suspicious administrative activity or unusual log-ins.
- ☐ **Azure AD Sign-in Logs:** Review Azure AD sign-in logs yourself or with a consultant for unusual or anomalous activity that could indicate compromise.
- ☐ **App & Permissions:** Use Microsoft 365's security features, like the Cloud App Security portal, or seek expert help to scan for and remove unauthorized applications and permissions.
- ☐ **Exchange Mail Flow:** Verify Exchange Online mail flow rules and forwarding to identify any malicious configurations redirecting emails.
- ☐ **SharePoint & OneDrive:** Audit SharePoint and OneDrive sharing permissions to ensure sensitive documents aren't inadvertently exposed.
- ☐ **Microsoft Teams:** Check Microsoft Teams for any unauthorized external users or guests who shouldn't have access.
- ☐ **Security Groups & Distribution Lists:** Review security groups and distribution lists for any unauthorized changes in membership.

Investigate:

Look for Signs of Intrusion

After initial security measures, such as changing your password and securing administrative accounts, it's crucial to conduct a thorough investigation for unauthorized activity to ensure full recovery and prevent future breaches. Follow these steps:

01

Review Login History

Check for unfamiliar locations, unusual times, or unrecognized devices in your login activity on all critical platforms. Pay close attention to suspicious IP addresses that don't match your typical access patterns. If you find anything unusual, take screenshots and isolate the affected account immediately.

02

Examine Account Settings

Verify that your email, phone number, security questions, and backup authentication methods have not been altered across all your business accounts. Look for new or modified forwarding rules, unexpected app permissions, or other unauthorized changes to your account configurations. Document any changes you find and revert them if possible, or seek assistance from your managed service provider (MSP) or a cybersecurity consultant.

03

Identify Data Access and Modification

Scrutinize your files, documents, and other data for signs of unauthorized access, downloads, or modifications. Check version histories if available, and if you find any discrepancies, document them thoroughly. Decide whether you can handle the restoration yourself, or contact your managed service provider (MSP) or a cybersecurity consultant for expert guidance on data recovery and incident containment.

04

Check Sent Communications

Review your sent emails, chat logs, and social media posts for any messages or content sent without your knowledge. If unauthorized communications are found, notify the recipients immediately to warn them of potential phishing or scams. Document these incidents and consider reaching out to a cybersecurity consultant to assess the impact and implement stronger preventative measures.

Deep Clean: Scan Your Devices for Threats

Even after securing your accounts, malware on your devices can compromise new credentials. Follow these steps to ensure all your devices are thoroughly cleaned and secure.

01

Update Security Software

Verify that your antivirus and anti-malware software are updated with the latest threat definitions. If you don't have dedicated security software, consider installing a reputable solution for ongoing protection.

03

Apply All Software Updates

Ensure your operating system, web browsers, and all applications have the latest patches and security fixes installed. Enable automatic updates where possible to stay protected.

05

Examine Startup Programs

Check for and disable or remove any suspicious applications set to launch automatically upon system startup. This can prevent malware from running every time you turn on your device.

02

Run Comprehensive System Scans

Initiate full, deep scans on all your devices, including computers, smartphones, and tablets, rather than just quick scans. This thorough check helps uncover deeply hidden threats.

04

Review Browser Extensions

Identify and remove any browser extensions that are unfamiliar, unused, or raise suspicion. Malicious extensions can capture data or alter your browsing experience.

06

Resolve Detected Threats

Follow recommended remediation steps for any threats found. For severe infections, if you're uncomfortable handling it yourself, consider reaching out to a trusted managed service provider or cybersecurity consultant for expert assistance, or in extreme cases, performing a full operating system reinstall.

Monitor Finances: Watch for Fraudulent Activity

Beyond securing your devices, vigilant financial monitoring is crucial for protecting your assets and identity from fraudulent activity.

1. **Monitor Financial Accounts Daily:** Regularly check bank accounts, credit cards, debit cards, and payment apps (e.g., PayPal, Venmo) for any unrecognized transactions, no matter how small. Promptly report suspicious activity.
2. **Place a Fraud Alert:** If your personal information has been compromised, consider placing a free one-year fraud alert with Equifax, Experian, and TransUnion. This requires businesses to verify your identity before extending new credit.
3. **Initiate a Credit Freeze:** For maximum protection, request a credit freeze. This blocks all new credit applications until you lift it, is free, and remains active indefinitely.
4. **Set Up Account Alerts:** Enable immediate notifications via text or email from your banks and credit card companies for all charges, withdrawals, and account changes.

47%

Fraud Detection Rate

Percentage of identity theft cases detected through financial monitoring

72h

Critical Window

The first 72 hours are crucial for detecting and stopping financial fraud

90%

Recovery Success

Cases where early detection led to full financial recovery

Strengthen Defenses:

Security Question Checklist

1

Recognize the Vulnerability

Traditional security questions often rely on easily guessed or publicly available information, creating a significant vulnerability for account recovery.

2

Treat as Passwords: Use Fabricated Answers

Treat security questions as secondary passwords by providing random, unguessable character strings as answers.

3

Store in Password Manager

Securely store these fabricated answers in your password manager for easy and safe retrieval.

4

Ensure Uniqueness

Use a distinct, fabricated answer for each security question across all your accounts to prevent widespread compromise.

5

Prioritize Secure Recovery Methods

Whenever possible, configure alternative recovery options such as backup codes, dedicated recovery email addresses, or authentication apps.

6

Disable Traditional Questions

If more secure alternative recovery methods are available, disable traditional security questions entirely to eliminate this weak link.

Strengthening Your Defenses: Advanced Prevention Strategies

Having addressed immediate vulnerabilities like security questions, the next critical step is to implement robust, long-term prevention strategies. Modern cybersecurity threats are increasingly sophisticated, demanding a multi-layered defense to safeguard against future incidents. These advanced practices build upon foundational security to create a resilient protection framework for both individuals and organizations, even without a dedicated security team.

01

Enable Multi-Factor Authentication (MFA) Universally

Beyond securing individual accounts with strong passwords and security question practices, MFA adds a vital layer of protection. Implement it on all accounts and login points to prevent unauthorized access, even if a password is stolen or compromised. If managing this across your organization seems daunting, consult with a managed service provider (MSP) to help set it up.

03

Utilize Identity and Behavior Analytics

Actively monitor for unusual login patterns and access behaviors yourself, or implement security tools that automate this process. This allows for the immediate detection and remediation of credential misuse, flagging anomalies to identify and neutralize compromised accounts quickly. Your MSP or a cybersecurity consultant can help you choose and configure appropriate solutions.

02

Implement 24/7 Managed Detection and Response (MDR)

For continuous protection, partner with a managed detection and response (MDR) provider. These services offer round-the-clock monitoring and real-time threat response by expert security analysts, effectively stopping sophisticated attacks before they can escalate and cause significant damage without requiring an internal security team.

04

Adopt a Zero Trust Architecture

Shift from traditional perimeter security to a "never trust, always verify" model. This means enforcing strict identity verification and the principle of least privilege for all users and devices, ensuring every access request is authenticated and authorized, regardless of location. Engage with a cybersecurity consultant or MSP to design and implement a Zero Trust strategy tailored to your business needs.

By combining these advanced strategies, we create a robust defense-in-depth approach. While securing individual credentials, as discussed previously, is crucial, these systemic measures work together to compensate for each other's weaknesses, forming a formidable barrier against the evolving landscape of credential theft and misuse, even when relying on external expertise and smart tools.

Stay Vigilant:

Ongoing Security Awareness Checklist

Building on robust security implementations, maintaining a strong security posture also requires continuous vigilance and proactive individual and organizational habits. This checklist outlines essential practices for ongoing security awareness, whether handled internally or with external support.

1 Continuously Monitor Accounts

Regularly check all accounts for any unusual or unauthorized activity. If you notice anything suspicious, investigate it promptly yourself or contact your managed service provider for assistance.

2 Perform Regular Account Audits

Review security settings, update passwords, verify multi-factor authentication (MFA), and confirm recovery information. Remove unnecessary app permissions. Consider engaging a cybersecurity consultant for periodic reviews to ensure best practices are followed.

3 Utilize a Password Manager

Generate and securely store unique, strong passwords for every account to enhance overall security. Implement a company-wide password manager solution for centralized management.

4 Stay Educated on Threats

Engage in continuous security training for yourself and your team to understand emerging threats and implement best practices. Utilize online resources, workshops, or subscribe to security awareness platforms.

5 Develop Phishing Awareness

Learn to recognize suspicious emails and verify all requests. When in doubt, contact the sender through an independent channel. Train all employees on phishing recognition and reporting procedures.

6 Install Software Updates Promptly

Apply security patches and software updates as soon as they are available to protect against known vulnerabilities. Automate updates where possible, or ensure a designated individual is responsible for this task.

7 Backup Critical Data Regularly

Protect against data loss and ransomware by maintaining consistent backups of important information. Implement a reliable backup strategy, either cloud-based or local, and regularly test recovery processes.

8 Share Security Knowledge

Educate colleagues, friends, and family on good security habits to foster a more secure digital environment for everyone. Encourage a culture of security vigilance within your organization.

How Teclara Helps Prevent Credential Breaches

While no security solution can guarantee 100% protection against all threats, Teclara significantly reduces the likelihood and impact of credential breaches by implementing robust, multi-layered defenses. Our comprehensive approach makes your organization a much harder target for attackers.

- Strong Identity and Access Controls
 - Multi-factor authentication (MFA) enforcement
 - Single sign-on (SSO) integration
 - Regular access reviews and privilege minimization
- 24/7 Monitoring and Incident Response
 - Real-time threat detection across all endpoints and networks
 - Rapid containment and remediation of security incidents
 - Dedicated security operations center (SOC) analysts
- Secure Cloud Configuration and Hardening
 - Continuous assessment of cloud environments for misconfigurations
 - Implementation of industry best practices for cloud security
 - Automated remediation of identified vulnerabilities
- User Training Focused on Real-World Attacks
 - Interactive simulations of phishing and social engineering attacks
 - Educational modules on recognizing and reporting suspicious activity
 - Best practices for secure password management and digital hygiene
- Clear Guidance When Something Goes Wrong
 - Established protocols for reporting security incidents
 - Support and guidance from Teclara experts during a breach
 - Post-incident analysis and recommendations for future prevention

Preparation is key to mitigating the risks of credential compromise. With Teclara, you gain a dedicated partner committed to strengthening your defenses and ensuring you're equipped to handle evolving cyber threats.

Visit teclara.tech or email hello@teclara.tech to learn more.